BEFORE THE RIDE

ATV rides. Rules and safety

Every participant receives a safety briefing before the ride.



Drivers must be 18 or older. Children aged 5 and up may ride as passengers only.

Fasten your helmet before setting off

Drivers and passengers must fasten their helmets. Wear goggles, gloves, clothing that covers your arms and legs, and closed footwear.

01 Before you set off



- Attend the briefing. Ask how to start moving, brake and signal on your ATV.
- Drivers and passengers must fasten their helmets. Wear goggles, gloves, clothing that covers your arms and legs, and closed footwear.
- Tell the instructor before you set off if you are unsure how to operate the ATV or notice a fault.
- Anyone under the influence of alcohol or drugs cannot join the ride.

02 Riding as a passenger



- A two-seater ATV can carry one passenger. Sit in the passenger seat, hold the grab handles and keep your feet on the footrests.
- Get on or off only after the ATV has stopped completely and the driver and instructor say it is safe.

TRAIL SAFETY

Riding with an instructor

03 On the trail



- Follow the instructor along the designated route. Do not overtake. Leave enough room to stop safely.
- Keep both hands on the handlebars and both feet on the footrests. Slow down before turns and uneven ground.
- Follow the instructor's directions on climbs, descents and when approaching obstacles. If you are unsure you can get through, stop and wait for guidance.
- Before turning around or reversing, check that there are no people or obstacles beside or behind you.

04 If you need to stop



- Are your goggles fogging up, are your hands too cold, or do you feel unwell? You do not have to wait for the whole group to stop. If it is safe to signal, raise your left hand, then come to a gradual stop.
- If the ATV stalls on a slope, do not restart it yourself. Call the instructor.
- If the ATV breaks down, someone falls or someone is injured, tell the instructor and wait for directions.

> **The instructor may stop the ride if a participant breaks the rules.**

Questions before the ride? Contact us

Confirm your date, group and participation requirements in advance.

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