READ BEFORE PLAYING

Paintball. Rules and safety

Every participant receives a safety briefing before play.



Participation from age 16. Players under 16 may participate only with written parental consent.

Keep your mask on

Never remove or lift your mask on the field, even after the round. If the lens fogs up or anything prevents you from playing, stop firing and call the referee.

01 Before entering the field



- Attend the safety briefing. The instructor will explain the scenario, field boundaries, start and stop signals, safe shooting distance and how to leave the field.
- Check that your mask fits securely without slipping and that your equipment allows you to move freely. Report any faults to the instructor immediately; do not repair or adjust the marker yourself.
- Wear clothing that covers your skin and shoes with a stable, grippy sole. Tell the organiser in advance about any health limitations that could affect active play.
- Anyone under the influence of alcohol or drugs is prohibited from playing or being on the field.

02 Keep your mask on until you reach the safe zone



- Never remove or lift your mask on the field, even if the round has ended, you are out or the lens has fogged up. A paintball hitting an unprotected face can cause serious injury.
- If your mask slips, breaks or you can no longer see through the lens, stop firing and call the referee. Do not walk without being able to see or remove the mask to adjust it on the field. Wait for the referee's help and instructions.

PROTECTION AND EQUIPMENT

Marker and play

Your equipment must be in good working order. Follow the instructor's and referee's instructions immediately.

03 Handling the marker



- Outside play, keep the marker's safety on and a barrel plug or protective cover fitted over the muzzle. Remove them only on the field when instructed.
- Never point the marker at people who are not playing, spectators, animals or anyone without a mask. Keep your finger outside the trigger guard until you are ready to fire.
- Fire only within the field boundaries when you can see your target. Do not fire blindly from behind cover, from a distance prohibited by the instructor or at a player who has already signalled that they are leaving the game.

> **If you notice a danger**
> Stop firing and notify the referee. Do not resume play until instructed. If your mask slips or you cannot see through it, keep it on and wait for help.

04 During the round



- Start and stop playing on the referee's signal. Follow safety instructions immediately and discuss disputed hits only after the round has stopped.
- Move carefully: watch your footing, stay within the field boundaries and do not climb structures unless the instructor has permitted it. Pushing, fighting and physical contact with opponents are prohibited.
- When hit, follow the scenario explained during the briefing. If you are out, announce it and raise a hand, stop firing and leave by the designated route without removing your mask.
- If you notice someone without a mask, an injury or another danger, stop firing immediately and notify the referee. Resume play only on the referee's signal.

FROM THE FIRST SIGNAL TO THE FINISH

Play by the rules

05 After the game



- On the signal, stop firing, engage the marker's safety and fit the barrel plug or cover before leaving the field. Ask the instructor if you need help.
- Remove your mask only in the designated safe zone with the instructor's permission. Return the equipment and report any damage or feeling unwell.

Questions before the game? Contact us

Confirm your date, group and participation requirements in advance.

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Before booking, check age requirements, children's game formats and participation with any health limitations. This guide does not replace the on-site safety briefing.